

Community Safety Teams

Teargas: What To Do

#WeKeepUsSafe



CLEAR OUT/CLEAN OUT

Blow your nose, rinse your mouth, cough and spit. Try to get as far away from the source as possible and keep your distance from others.

FLUSH YOUR EYES

Use an eye flush made with saline solution to clean out your eyes, nose and mouth. If you do not have saline solution use clean, cool water.



DO NOT RUB IT IN

Decontaminate your hands before you touch any part of your body.

STAY CALM

Panicking increases the irritation. Breathe slowly to ground yourself and remember it is only temporary.

REMOVE YOUR CONTACT LENSES

Remove the lenses or get someone to remove them for you, with CLEAN, uncontaminated fingers. Destroy the lenses after exposure.



WHEN YOU GET HOME

Isolate your clothes in a plastic bag. Take a cold shower with dishwashing soap, like dawn detergent