examples of de-escalation through distraction

#WeKeepUsSafe

- Compliments
- Dancing and singing
- Pretend you lost something
- Offering or asking for gum
- Asking for the time
- Asking for directions
- Faking a medical incident (temporarily!)
- Asking "Do I know you?"

Why this works:
You can create a moment of pause, giving everyone's systems a break before further escalation.

And/or
You can draw the attention and energy away from the person being targeted.